



NATIONAL IMPLEMENTATION SERVICE

Evidence Based Interventions for children looked after, adopted and those on the edge of care or custody

NIS NEWS

Volume 2, October 2018

NIS Organisational Change

2018 has seen some organisational change for the NIS. MST UK continues to be based at the South London and Maudsley NHS Foundation Trust, in partnership with King's College London. All of the other NIS programmes (AdOpt, KEEP, RESuLT, TEND and TFCO) are now based at the Manchester University NHS Foundation Trust.

Thank you to all of you who continue to contribute to a strong and growing network of MST teams across the UK and Ireland. It was fantastic to see so many supervisors and programme managers at the Advanced Supervisor Workshop in January to share successes and challenges! A special thank you too, to all of the MST therapists who are working with families week in and out and who are on-call 24/7 for families supporting them and their children throughout the year.

For more information about MST please contact:

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For more information about AdOpt, KEEP, RESuLT, TEND and TFCO please contact:

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Whatever It Takes (WIT) Awards

Congratulations to all our WIT award winners but especially to **Dr Philip Reynolds** supervisor of the MST Family Integrated Transitions team in Northamptonshire (pictured below: Cathy James, Brigitte Squire & Josh Leblang) and **Sue Walker**, MST therapist in Leeds for winning the quarterly all star awards for the Supervisor and Therapist categories. We're proud of you!



Children & Young People Now Awards 2018: the shortlist

Congratulations to the MST service in Leeds for being shortlisted for Children & Young People Now's Family Support Award.

Please [click here](#) to view the full article.

WEBSITE & SOCIAL MEDIA

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Pan London Social Impact Bond initiative uses MST to reduce number of children in care

Six London boroughs have joined forces to launch a programme funded with a £4.5m social impact bond, delivering MST and Functional Family Therapy to support keeping more than 350 vulnerable young people out of care.

The [Positive Families Partnership \(PFP\)](#) is a collaboration between organisations working across the boroughs: **Barking and Dagenham, Bexley, Merton, Newham, Sutton and Tower Hamlets**. It works with three delivery partners: [Family Psychology Mutual](#), [Family Action](#) and [South West London & St George's Mental Health NHS Trust](#).



As part of this initiative a new MST service was launched in February in East London and we'd like to welcome Songul Guler Tas and her team (pictured left) to MST-UK!

Work is underway to recruit additional London boroughs to the partnership, so please contact us or Positive Family Partnership colleagues for more information.

MST-UK & Ireland

We are pleased to announce that the [Extern team in Dublin](#) has now joined our network. We wish Deirdre O'Driscoll, Fiona Murphy and the team a warm welcome!

Yorkshire News

Welcome to Karen Harrison, Anna Daniels and the team in **Sheffield** who have just completed their orientation training and will be working with families soon. A new team is also under development in **Kirklees**.

MST for Child Abuse & Neglect (MST-CAN)

A second MST-CAN team has launched in **Leicester**, bringing the total number of MST teams in Leicester to four! New MST CAN teams in **Knowsley** and **Doncaster** are currently under development—more news on all of the new teams will follow in our next newsletter!

If you would like more information about the MST-CAN model, [click here](#) to request an information sheet or visit the [MST-CAN website](#)

MST training

At a recent successful booster training in **Edinburgh**, MST teams met with a range of stakeholders including three police officers to collaborate on ideas for working with young people with negative peers. Well done to all involved!



Research

The [Early Intervention Foundation](#) has recently updated ratings of programmes in relation to research outcomes, with MST standard, CAN & PSB retaining high ratings for evidence of effectiveness.

Dr Simone Fox (MST UK Consultant) has recently co-authored the article, [Multisystemic therapy in families of adopted young people referred for antisocial behaviour problems](#) (Harrison-Stewart, Fox & Millar, 2018), which has been published in the Journal of Adoption and Fostering.



We know that AdOpt is suitably placed as an early therapeutic parenting intervention to help get adoptive families off to a healthy start. In this edition of the NIS Newsletter we hear how 2 Regional Adoption Agencies (RAAs) are going from strength to strength in the provision of this group based programme.

To read more about AdOpt, please [click here](#).

Dr Lin Yool's puppy, Lollipop

One Adoption West Yorkshire (RAA) - Leeds

One Adoption West Yorkshire is busy completing their 8th AdOpt group! Harry Wood and Tess Sullivan have done a great job in continuing all the hard work put in over the last few years by Shelagh Ethell and her team. Harry will be applying for accreditation this summer and planning is underway for Group 9. This will give Clare Evans - the latest addition to the Leeds team – a chance to facilitate her first group! Well done Leeds for establishing AdOpt as a crucial part of what they offer adoptive families.



9 AdOpt Groups and Counting...!

Together4Adoption (RAA) – Cheshire West and Chester - have just completed their 9th AdOpt Group. Well done to Michelle Lovelock and Sue Prince (pictured here) for facilitating yet another successful group. It is a real privilege to provide consultation to this pair of facilitators and to watch them expertly shape, encourage, and nurture adoptive parents. The NIS is looking forward to receiving their applications for re-accreditation and accreditation respectively. Group 10 for this RAA will run in September 2018. Good luck to Sue and Michelle – you're doing a great job!

New Opportunities for AdOpt

The NIS is excited to be having conversations with another RAA, here in the North West of England. Adoption Counts has undertaken some preliminary 'needs analysis' work with a view to possibly commissioning AdOpt. Like a number of other RAAs, they can appreciate how this sort of early intervention can play a central part of the adoption support services for parents of children aged 3-8years.

Outcome Data

Thank you to all AdOpt sites that are continuing to send their much valued outcome data to us here in the Manchester office. Joyce Self (administrator) is doing a great job of getting up to speed with scanning and inputting data. This will be aggregated and reported on in due course once the new Assistant Psychologist is in post. Thank you – you are adding to an ever increasing evidence base for AdOpt.

For more information about AdOpt, please contact the Programme Lead: linda.yool@mft.nhs.uk or NIS Director, colin.waterman@mft.nhs.uk



KEEPing Up

A big THANK YOU to all of you who came along to the recent KEEP Up Event in Birmingham last month. This was the 28th get together of KEEP Facilitators and Managers from across the country and we were reminded of just how much these meetings mean to you all.

Information was given out about the recent NIS organisational changes and although this has been a challenging time for the team, it was reassuring to hear how much you all value the support provided through the NIS Network Support Services. Confirmation that you will continue to commission these services for the remainder of this year has proved extremely helpful. We can only sustain the UK Network with your support.



Emma Turnham, KEEP Consultant

Sites were offered time to share their successes, to problem solve challenges and discuss fidelity and programme related issues. There was also space to network, reconnect with KEEP colleagues and have a general good 'catch up'. These events remain successful due to the hard work, commitment and dedication of you – the UK Network of KEEP Facilitators and Licensed Trainers. Thank you! The next KEEP Up event will be scheduled for Autumn/Winter 2018.

KEEP Fidelity

We are delighted with the recent feedback that has been received from the model developers at ODI, USA. After a period of sustained effort from the NIS and the UK KEEP Facilitators, the fidelity ratings are now exceptionally high. We are delighted to report that there have been significant improvements in KEEP delivery across all areas of the Facilitator Adherence Rating (FAR). KEEP is recognised as an extremely positive intervention that achieves measurably high quality outcomes for both carers and children alike. This is due to the proficiency and skill of you – our talented and hard working UK KEEP Facilitators. Well done!

KEEP Accreditations

After training taking place in August 2017 it is pleasing to hear that Alda Porter (Oxfordshire) and Laura Quinn (Dudley) are working towards accreditation in KEEP Standard. Kerry Davidson (Dudley) is working towards accreditation in KEEP Safe. In addition, Denise Marshall from Coventry is now receiving consultation for KEEP Standard and is on the path towards accreditation. This is positive news for all of these facilitators and is good news for the sustainability of KEEP across the UK.

Laura Quinn and Kerry Davidson



Denise Marshall at The Airplane, Restaurant, Coventry

For more information about KEEP, please contact the KEEP Trainer & Consultant: emma.turnham@mft.nhs.uk or NIS Director, colin.waterman@mft.nhs.uk



Spreading the Word

In order to promote the impressive outcomes of TEND, we are looking to publish the service evaluation in a peer-reviewed journal. Watch this space! Details from the evaluation report have been sent to our colleagues within the Early Intervention Foundation as well as to the 'Improving Life Chances for Children' Steering Group convened by The Duchess of Cambridge and The Royal Foundation. The aim is to spread the word about this highly promising intervention.



Social Care Institute for Excellence

Along with the other NIS programmes, TEND appears in the SCIE document published last year following their call for evidence of quality interventions. Please see the link below.

<https://www.scie.org.uk/children/care/mental-health/findings/call-evidence-findings>

Ready to Go

Although we are currently not running any TEND groups at the moment, please remember that it is all ready to go for any Local Authorities that are still interested in running an innovative video-coaching intervention for early years!

The Potential for Adopters

TEND targets the micro-interactions between infant and primary care giver thus promoting secure attachments. Having run successfully in England with foster carers there is real potential for this to be utilised with adoptive families. It will boost confidence and set families off in the right direction.

For more information about TEND, please [click here](#) or contact NIS Director, colin.waterman@mft.nhs.uk

Bristol TFCO Heading Towards Certification

Bristol's TFCO-C site is led by Becki Robinson (Team Leader). She is working with the NIS Consultant, Dr Kate Friedmann, to achieve certification in the model by September 2018. We wish them well as they progress towards this.



Learning the Lessons from Implementing TFCO

The NIS is completing a paper on the lessons learned from over 13 years of implementing TFCO here in the UK. Many sites have ceased to formally operate as a TFCO site. However, they've retained some of the key features that they have found to be beneficial to their local context. Please watch out for this in the coming months.

For more information about TFCO, please [click here](#) or contact NIS Director, colin.waterman@mft.nhs.uk